

SONOMA COUNTY AREA AGENCY ON AGING ANNUAL REPORT 2010-2011

Who We Are

The Area Agency on Aging (AAA) is a program of the Sonoma County Human Services Department. The AAA and its Advisory Council plan, coordinate, and allocate Older Americans Act funding for services for persons 60 years of age and older in Sonoma County. The AAA Advisory Council serves as an advocate for seniors, adults with disabilities, and their caregivers, and advises the Sonoma County Board of Supervisors on the needs of these community groups.

Service Providers and Partners

- Catholic Charities - Alzheimer's Day Care
- Council on Aging - Adult Day Care, Case Management, Legal Services, Nutrition Services
- North Coast Opportunities – Caregiver Support Services
- Petaluma People Services Center - Adult Day Care, Case Management, Nutrition Services
- Santa Rosa Memorial Hospital - Medication Management
- Sebastopol Area Senior Center - Volunteer Driver Program
- Senior Advocacy Services - Health Insurance Counseling & Advocacy Program (HICAP) and Ombudsman Services
- West County Community Services - Case Management

Programs to Promote Physical and Mental Health Maintenance

- Senior Safety – The A Matter of Balance program provided over 1,000 hours of physical fitness education to 102 seniors in 10 eight-session classes throughout the county.
- Older Americans Month featured safe driving for seniors (12 new CarFit technicians were trained; 35 seniors received evaluations; five CarFit events were held at three senior centers) and increased public awareness on the rights of seniors.
- AAA received funding to implement Stanford University's "Healthier Living" Program.

Awareness of Services through Community Partnerships

- AAA-sponsored Senior Mobility Summit in March brought 40 human services, transit and community members together to develop strategies that will increase mobility options for seniors.
- Sebastopol Senior Center Volunteer Driver Program, supported by an AAA grant, provided 174 seniors over 3,000 rides.
- AAA hosted a substance abuse prevention conference with the Department of Health Services and educated 150 service providers on senior substance abuse issues.
- Advisory Council members attended eight outreach events and fairs to provide information on services for seniors and disabled individuals.
- AAA distributed 26,000 "Sonoma County Senior Resource Guides" in English and 4,000 in Spanish.
- Elder Abuse Prevention Project (EAPP) supports Court Watch and Elder Abuse Prevention Work Group.
- Senior Art Show celebrated its 13th year. The show, held at the Finley Community Center for two months, displayed 140 pieces of art created by seniors.
- AAA distributed Senior Farmers Market Nutrition coupons to farmers markets in cooperation with senior nutrition programs.

Sonoma County Board of Supervisors

Valerie Brown	1 st District
David Rabbitt	2 nd District
Shirlee Zane	3 rd District
Mike McGuire	4 th District
Efren Carrillo	5 th District

Area Agency on Aging Advisory Council Members

Jane Eckels, Chair

Louis P Funk
Vaughn Held
Rabia Hunter
Henry Lasky
Joy Lovinger
Bud Metzger

Jim Redding, Vice Chair

Gail Pardini-Plass
Alice Perlman
Bob Picker
Rabon Saip
Gary Shepard
Patricia Stock

Judith Eisen, Secretary

Don Streeper
Katherine Taylor
Elizabeth Tipon
Alain Serkissian
Wes Winter

**Mary Raymond, Member
Emeritus**

Administrative Staff

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Diane Kaljian, Adult and Aging Division Director
Gary Fontenot, Adult and Aging Division Section Manager
Ilene Moran, AAA Fiscal Officer
Susan Alesi, AAA Program Manager
Ginny Doyle, AAA Program Planner
Joanne De Alejandro, Secretary
Becky Weislow, Accounting Technician
Sally Livingston, Nutritionist

SONOMA COUNTY AREA AGENCY ON AGING

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